The Mango Tree supports orphans, vulnerable children and their communities in Africa by supporting and funding programmes that nurture and improve lives, promote self reliance and create independence.
The Mango Tree has reached a crucial point in its journey. We have managed to provide direct access to education and training for over 20,000 disadvantaged children and young people whose lives were devastated by the AIDS pandemic. Over 2,000 of these young people have now graduated from colleges and universities across Kenya and Tanzania with a range of professional qualifications that will enable them to secure regular employment.

This year another 127 sponsored orphans graduated from colleges and universities, new accreditation was gained for the Kyela Polytechnic College and we launched a new aquaculture project in Kobala, funded by the Waterloo Foundation. Our livelihoods projects have now enabled 38,202 children and their families to grow their own food and increase their household income, giving them hope for a better future, as well as the dignity of being self-reliant.

You will read in this report the inspiring case study of Lasarus, who has established his own medical centre in Kenya. TMT-trained builders and painters were contracted to assist him to build his clinic. He is also likely to purchase fish from our fish farmers, mangos from our mango grafting project and improved cassava and goat meat in the local markets, all produced by TMT-supported, local livelihood projects.

However, funds are becoming harder to raise and there is still much to do in the coming years. HIV rates in Rachuonyo District still remain dangerously high. Sexual health education is not on the Kenya Government’s education curriculum despite the fact that 80% of hospital beds are occupied by people with HIV and AIDS related illnesses, and thousands of families in Kyela and Rachuonyo still live on less than US$ 1 a day.

So, as well as our on-going educational programme, which targets particularly disadvantaged children, we are shifting our focus to fund projects which add value to government-funded provision, prioritise HIV awareness and prevention for young people aged 16-25yrs and encourage rural development projects which are run by local people themselves.

Structurally, our organisations in the UK and Africa are also growing and evolving. The Mango Tree wants to remain small, dynamic and flexible. We are therefore looking to increase collaboration with new partners, shift emphasis away from donor-dependency and invest in sustainable, African-led, social enterprises.

We, and our partners, would like to express our deep gratitude for your on-going committed support. We hope that you will continue to support us on this exciting journey as we move into a new phase of our work, which endeavours to give hope and a future to children and their families, who remain disadvantaged by poverty, disease and marginalisation.

William Fulton, Chairman
“Sexual health education is still not on the Kenya Government’s education curriculum despite the fact that 80% of hospital beds are occupied by people with HIV and AIDS related illnesses.”
Environmental issues linked to unemployment

Sand mining and charcoal burning are common forms of part-time labour for unemployed people in Rachuonyo District.

Sand mining results in soil erosion, deforestation, flooding, degraded water and loss of biodiversity.

Water hyacinth growth in Lake Victoria has led to a substantial decline in Tilapia fishing.
WHAT OUR RESEARCH AND BASELINE DATA TELLS US

HOUSEHOLD FOOD SECURITY
There is an over reliance on single-crop production and a lack of diversity into other livelihoods reducing household resilience, food security and income levels.

2.7% of families have their own fruit and vegetable gardens.

38% of rural families in Rachuonyo District keep cows to benefit from the sale of milk.

4.8% of rural smallholders claimed to grow field crops as a source of household income.

80% of farmers cannot access or afford agricultural inputs such as fertiliser or new seeds.

75% of school children have no food for breakfast.

HEALTH AND WASH (WATER, SANITATION & HYGIENE)
Government HIV testing outreach is poor, there is no standardised policy of sexual health education in schools and there is a lack of provision of adequate water and toilet facilities. School absence from illness and menstruation is common.

62% of primary schools have no on-site water and are deficient by over 150 girls' toilets.

61% of young people claim to use no form of contraception.

31% of people tested by TMT in Kenya were HIV+ this year.

48% malaria prevalence in Rachuonyo District and Homa Bay County.

65% of rural families rely on untreated river water.

EDUCATION
Academic performance, enrolment and school attendance is low, especially with girls. The biggest barriers for girls at school are lack of sanitary towels, no private toilets, domestic responsibilities and lack of parental support.

67% of Kenyan school children share a desk with another child.

1:60 Teacher-pupil ratios in many schools.

60% of primary school pupils fail to get sufficient grades to get into secondary school.

1 in 5 girls drop out of school before completing secondary education.

60% of students sitting their Kenya Certificate of Secondary Education (KCSE) examinations end up scoring below 49% (C-) reducing their chance of getting a vacancy in higher education.

ADULT EDUCATION AND UNEMPLOYMENT
40% unemployment in Rachuonyo North District.

20% of guardians of orphans and vulnerable children (OVC) engage in unsustainable casual or hazardous labour activities.

53% of OVC guardians have incomplete primary education and 62% had no secondary education.
The Mango Tree Kenya expands their model farm projects. KPC develops a plan to break even by September 2015. We win a three year grant from The Waterloo Foundation to deliver a new environmental social enterprise project.

KPC officially opens. 12 sponsored orphans climb Mt Kilimanjaro and raise £46,892. HIV awareness raising expands in both countries. Baseline survey conducted in both districts.

12,259 orphaned registered – TMT tackles girls’ education with the launch of their innovative family based foster care programme in Kenya.

The launch of model village projects in Kenya – Adita goat breeding and Mango Tree grafting. TMT orphan registration peaks at 13,371.

Over 5,000 orphans are registered and 750 progress from primary to secondary school.

Mango Tree nutrition centre opens and TMT registers 2,200 orphans.

A new programme is created in Kenya and 900 orphans area registered in Kosele area, Rachuonyo District, bringing the total registered orphans to 7,400.

3,950 orphans are registered and TMT expands to new communities across Kyela District.

TMT registers 1,090 orphans providing school uniforms, books, shoes and porridge.

www.themangotree.org
3,950 orphans are registered and TMT expands to new communities across Kyela District.

**OUR IMPACT**

**2011** - A new programme is launched.

13,550 orphans registered - some complete secondary school and enter work or farming, 2,768 are in secondary school and 284 are now supported at college and university. The Mango Tree wins US$1 million from Google. Water projects start in Tanzania.

Construction of the Kyela Polytechnic College in Tanzania begins. The Mango Tree Family Association forms with 126 tertiary students in Kenya to provide volunteer holiday tuition to TMT registered orphans.

Registered orphan numbers gradually begin to decrease as many leave college and university and The Mango Tree shifts focus to sustainable livelihoods and social enterprise development with the launch of our Skills 4 Life project for guardians and people living with HIV.

2013 – The Mango Tree’s 10 Year Anniversary!

2,723 orphans have graduated from further education and 75% of these young people are now employed.

**Performance Indicators:**

**Education and Employment:**

- **20,000** children and young people have access education and training.
- **74%** of TMT graduates are in full-time employment.

**Gender in Development:**

- **65%** of our project beneficiaries are girls and women.
- **98%** reduction in teenage pregnancy from 10% of TMT registered female OVC tested pregnant in 2007 just 0.2% tested pregnant in 2014.
- **86%** reduction in OVC girl school dropout rates from 46 girls in 2012 to 6 girls in 2014.

**Health and WASH:**

- **54,012** orphans and vulnerable children have benefited from access to clean water.
- **19,551** guardians.
- **6,157** people living with HIV.
- **120,000** people have benefited from access to clean water.

**Food Security and Economic Development:**

- **38,202** children and their families have improved food security and increased household income through improved agricultural investment.
- **4,969** farmers have benefited from agricultural training and micro-finance.

**Advocacy, Well-being and Empowerment:**

- **560** individuals have started to develop their own community projects.
- **95%** of TMT registered orphans report to feel safer at school and home.
- **70%** have the confidence and self-esteem to communicate about how they feel.
- **100%** report to have renewed hope for their future.

www.themangotree.org
Our fantastic vocational training facility in Tanzania, The Kyela Polytechnic College, has now enrolled 300 students for this academic year, achieving additional registration to deliver new courses and new funds to expand the business side of the College.

We are delighted to have received repeat grants this year from The Oglesby Charitable Trust, The Samworth Foundation, Aspect Capital, Shoe Zone and the Be One Foundation, which will enable the College to open a new driving school, improve our student accommodation hostels and continue to improve the College's teaching infrastructure. The College hopes to reach a target intake of 440 students next year so that it will be able to generate sufficient income from student fees to become an independent, self-financing institution.

- We have improved gender equality for disadvantaged young women as 90% of the girls we have supported remained in school and many have already achieved the grades and confidence to enter further education and training.
- We have created a culture of community social responsibility within the areas where we work as over 150 community-based groups (2,000 people) have started to develop their own projects and fundraise for educational support for other children in their communities.
- We have contributed towards the economic recovery of societies and local economies devastated by HIV and AIDS as our students graduate and enter a wide range of different professions.
OUR PROGRAMMES

PRIMARY AND SECONDARY SCHOOL

- Comprehensive extra curricula holiday tuition and home-work study programmes for primary and secondary school children.
- Match-funded fee support for OVC to attend government secondary schools and full bursaries for high achievers to access private secondary school boarding schools.
- Bed-nets, health check ups and emergency assistance to vulnerable children and their households to reduce malaria related absence.
- Books, school uniforms and sanitary products for girls to support their re-entry into school and reduce menstruation related absence.
- Gender Based Violence awareness raising in communities.
- Safe spaces in schools for peer-to-peer learning and support.
- Regular parenting workshops for parents and guardians of OVC.

FAMILY SUPPORT AND CHILD PROTECTION

- Rural family-based foster care for vulnerable girls.
- Bursaries and student loans for OVC to attend vocational training colleges and universities.
- Community Service Programme for secondary school leavers providing work experience and encouraging social responsibility and volunteering.

WORK EXPERIENCE, FURTHER EDUCATION AND TRAINING

- Careers advice and practice life-skill guidance to young people.
Transcribed testimonial with Claris, Sept 2014:

“I lost my parents at the age of three and remained under the care of my grandmother till today. I began my education in 1999 at Kamwala primary school in Rachuonyo North district of Kenya. In 2007, while I was in Class 7, The Mango Tree started working in our area, including also my village. When I was registered with The Mango Tree, this changed my life as I was provided with a school uniform and medication, things that my old grandmother could not afford. I attended secondary school at St Paul’s Nyandoche Girls secondary school from where I obtained a C-grade at KCSE."

In January this year Claris started her voluntary community service placement. Those secondary school students who have achieved sufficient grades and who would like to go on to higher education are required to work as a volunteer for The Mango Tree for at least one year. This encourages young people to give back to their communities as well as giving them valuable work experience opportunities.

“I worked briefly at the TMT office as a kitchen assistant before being redeployed to work at Mama Herina’s foster home as a home-work support tutor and female mentor. I am now a mentor and homework assistant to 15 younger female orphans. Many of the girls were very behind with their studies so we are helping them to catch up and to take pride in their school work. I live together with the girls, listen to their challenges and help them to manage and cope. As an orphan myself, they listen to me and see me as a role model, believing that they can also complete secondary school and go to college. I plan to start college in 2015. I think I would like to become a teacher or a social worker.”

The Mango Tree’s Alternative Family-based Care Home Programme is reducing early marriage and teenage pregnancy among vulnerable and orphaned girls. They attend school regularly, and grades and performance have increased considerably over the past three years. Last year, one of the girls supported under this programme was selected to attend a national secondary boarding school. ‘National Schools’ are the top academic level of Government school in Kenya.
OUR PROGRAMMES

PROJECT/ LOCATION: Community Service Volunteer programme, Kawuor Village, Rakwaro sub-location, Rachuonyo North District, Kenya.

BENEFICIARY TARGET GROUP: OVC girl - Community Service Volunteer

REGISTERED WITH TMT KENYA: 2007
EDUCATION, TRAINING AND EMPLOYMENT CASE STUDY

BARAKA FINDS NEW HOPE

I was raised in a poor and hopeless family. My mother was a widow. I missed meals, missed school fees and often walked without shoes. Life had no hope. After I completed my primary education I was selected to join secondary school and then life became much harder for me. Secondary school fees were unaffordable.

I remember it was July 2004 when I was selected by my community leaders to receive The Mango Tree’s support. I had been forced to stay at home for seven months due to our inability to pay fees. The Mango Tree funded all my school requirements and I was able to study with confidence with no disturbance of being chased away because of lacking fees, or books or school uniform. They encouraged me to work hard. I passed my Form Four exams, joined Malangali high school in Iringa region to study A levels, and then went to the University of Dar es Salaam, where I managed to graduate with a BA in Journalism.

After completion of my degree program, I decided to return to Kyela District and volunteer at The Mango Tree’s newly constructed Kyela Polytechnic College. It was a way of showing my appreciation and giving back my services to my poor community. After a year of volunteering I managed to secure a full-time job at the College as a Journalism Tutor and College Marketing Manager.

With the regular income I am now earning, I am sponsoring my two younger brothers to study. One is taking a basic certificate in electrical installation at KPC and the other is still in Form 2 at Ikimba Secondary School.

When I think of the long journey of my life, I see the image of my poor mother trying to raise her family alone and with nothing, and I cannot believe how much I have achieved and how far I have come with the help of The Mango Tree.

“The quality of education in Tanzania is extremely low. Many teachers lack skills, and knowledge of English in rural areas is poor. KPC is providing an essential service in this community as it is giving school leavers the chance to gain vocational skills so that they can immediately find work, instead of ending up unemployed and disengaged from learning.” Upendo Mwinuka, KPC Head of NACTE Administration.
“When I think of the long journey of my life, I see the image of my poor mother trying to raise her family alone and with nothing, and I cannot believe how much I have achieved and how far I have come with the help of The Mango Tree.”

PROJECT/ LOCATION: Kilasilo, Kyela Mbeya

BENEFICIARY TARGET GROUP: Orphan and vulnerable youth support

REGISTERED WITH TMT TZ: 2004
Community Livelihoods

The Mango Tree has been supporting land-based projects, agricultural development and micro-enterprise schemes for over eight years. We have reached 38,202 children and their families, enabling them to improve their livelihoods, grow their own food and increase their household income. 4,969 farmers have directly benefitted from practical agricultural seminars and micro-finance training. This is slowly pulling these poor, rural families out of extreme poverty and giving them hope for a better future, as well as the dignity of being self-sufficient, instead of dependent on external aid.

Our strategy is to enable vulnerable families to improve their household food security and income levels, especially in the Kenyan villages where food security is particularly weak and unemployment levels are high. We initially target the guardians of the orphans whom we support in education, but also support people living with HIV, families with large numbers of orphaned children, or, adults with long-term health needs.

Our model demonstration farms, built on our own farmland, provide opportunities for training, work experience and income generation. The TMT Kenya model farm now has four model fishponds which provide aquaculture training to local farmers and unemployed Lake Victoria fishermen. Our mango tree-grafting scheme is upgrading local drought-resistant varieties and improved varieties of cassava are benefitting local farmers.

Our research on the use of livestock indicated that 41% of Kenyan households keep livestock for income generation, with 38% owning cows so that they can sell milk. However, less than 1% of these households had invested in improved breeds.

Agriculture is the dominant economic activity across both of our project areas, however the lack of investment in this sector and the active exploitation of natural resources by external companies is significantly undermining the sustainable development of these regions.

The impact of increasing income through small agri-business co-operatives has been immediately felt in rural households. Grandparents inform us that they are now able to pay secondary school fees for orphaned grandchildren and people living with HIV to have access to a wider variety of nutritious food, including fish, eggs and honey from bee-keeping.

Many of our beneficiaries have HIV+ family members and all have large numbers of dependents. They want to increase productivity through agricultural diversification, investment in processing and support with marketing so they can bring a greater variety of food into their households.
Forums and workshops for local farmers to share agricultural and animal husbandry knowledge.

Practical training and demonstrations covering a range of land-based agri-businesses.

New sustainable land management and water saving techniques.

Business training, co-operative management seminars and advice on simple processing techniques and marketing.

Agricultural kits including hybrid seeds, tools, fertiliser, fish fingerlings and small stock.

Model demonstration farms to trail new techniques, provide work experience, train local people and generate our own income.

Model village projects which maximise the potential of local environmental resources.

Development of small land-based co-operatives.

Savings and loan schemes for community groups to invest in the development of their own businesses and projects.

Model farms for income generation and agricultural learning.
Joseph Opudo Obala is a father of seven who used to earn a living from fishing the waters of Lake Victoria. He is now one of the beneficiaries of TMT Kenya’s Kobala aquaculture project.

Two years ago Joseph constructed two beautiful fishponds adjacent to the Lake. He managed to harvest tilapia twice before these fishponds were destroyed by flooding from high rainfall and rising lake water. With the money he had raised from just these two fish harvests he had managed to pay a full term’s secondary boarding school fees for his grandson, something that he never would have imagined possible. In all his many years as a fisherman on the lake, Joseph has never earned a reliable income. He told us about the many challenges facing lake fishermen in this area. Invasive water hyacinth has made river access and fishing along the river boundary extremely difficult. This has been exacerbated by a significant decline in the overall fish population due to over fishing, the destruction of fish breeding points by illegal fishing cartels, and pollution of the lake due to industrial waste.

Joseph feels that the fishing industry in Lake Victoria is no longer viable. However, he is a skilled fisherman with both knowledge of tilapia production, and access to a sustainable market for selling his fish. He was very keen to join our Kobala aquaculture project in March 2013. This social enterprise project is supporting unemployed fishermen from the lake including Joseph, to construct tilapia fish farms on reclaimed sand mine gullies inland from the Lake.

Sand mining is another big problem in this area. It causes erosion and soil degradation, leaving behind bare soil and large gullies and destroying farmland by making it unproductive. Sand and gravel mining, as well as associated brick making, are attractive sources of income to unemployed people. The aggregate is easily accessible and cheap to extract. In recent years it has become a common means for the poor to generate cash.

Joseph Opudo has worked hard to dig his pond in one of the former sand mine sites. It is a beautiful pond which he has surrounded with banana seedlings. His fishpond already stands out as a model for the other co-operative members, who are also starting to integrate fish farming and pomology (the study and cultivation of fruit). The bananas will benefit from the fertile pond water and Joseph estimates he will earn as much as £724 from the harvests of both these enterprises.
“My first fish pond next to the lake flooded. With the support of The Mango Tree my hope is restored as this new project will support me to pump water to my pond from the lake as well as providing water for my bananas.”

PROJECT/ LOCATION:
Kobala village, Homa-Bay County, Kenya

BENEFICIARY TARGET GROUP:
PLHIV & OVC GUARDIAN

REGISTERED WITH TMT KENYA: 2010
Sanudy Mwisuka, his wife Matrida and their five children started being supported by The Mango Tree in 2008 after the TMT Tanzania health team visited Ndandalo to carry out HIV counselling and testing for local residents. Sanudy and Matrida were both tested and they discovered that they were both infected with the HIV virus. The Mango Tree field staff subsequently met with Sanudy and Matrida and carried out a household food security assessment. Their living situation, livelihoods capacity and average weekly income was extremely poor. Lack of knowledge about simple agricultural techniques to improve crop yields and the inability to diversify was being compounded by their poor health.

Sanudy and Matrida were registered with a Mango Tree supported HBC (Home Based Care) group which immediately provided them with a supportive network of other people who are living with HIV. They helped Sanudy and Matrida to come to terms with the disease, to adjust to a treatment programme and build up their courage to see a brighter future. They were then supported as part of our sustainable livelihoods programme with both training and farm inputs such as seeds, fruit tree saplings, cuttings, animal husbandry advice and piglets to start pig rearing.

Sanudy has learnt about intercropping and water saving techniques and has also introduced a range of new fruit crops to his farm: coconut, pawpaw, pineapples, bananas and sugar cane.

He manages to produce 10kg of fermented, dried coconut in a day, which earns him Tshs 3,000 per kg (£1.20). He estimates that his total net monthly income has risen to approximately Tshs 500,000 (£200) per month in just three years. Before we supported Sanudy and his family, they were struggling to survive on under half a dollar a day. He told Mario, the TMT Tanzania Agriculturalist that his livelihood capacity and household income has improved by 80%. He can manage to pay school fees for his children, has access to a wider range of fruit and vegetables for his family to eat and has higher status in his village as other farmers ask his advice and copy his methods.
“We don’t want to live on handouts, we want to be able to be independent and have self-respect. Other farmers ask my advice now, they take my knowledge and this means that I have become someone.”
Sanudy Mwisuka

PROJECT/ LOCATION:
Ndandalo Village, Kyela District, Southern Tanzania.

BENEFICIARY TARGET GROUP:
Person Living with HIV/AIDS

REGISTERED WITH TMT KENYA:
2008
The Mango Tree continues to develop and expand its health programme in rural communities with an approach that focuses on child development and wellbeing, child rights, health awareness and sexual reproductive health education.

As part of a holistic approach to child development and wellbeing, The Mango Tree continues to develop and expand its health programme in rural communities. This programme began as a primary health care treatment programme for orphans and vulnerable children (OVC) in schools and community centres. It has expanded into a broader community-based health programme which includes water, sanitation and hygiene (WASH) projects, community health awareness and a HIV programme which offers free counselling and testing (HTC) services and targeted sexual health education for young people.

“We are translating awareness and knowledge into positive behaviour change to help improve sexual health amongst young people, reduce malaria rates for young children, improve family planning, hygiene and sanitation for rural, marginalised poor families” Juliet Obuom, TMT Kenya Health Manager.

- We have improved health and sanitation awareness and knowledge of communicable diseases and illnesses such as HIV and STDs, malaria, TB, fistula and cholera.
- We have improved access to information, referrals to hospital and access to direct treatment for those who are the most at risk of poor health. Thousands of vulnerable children across our project areas now have access to hygienic toilets, water and sanitation facilities in their schools.
- The young people we support feel safer, better informed about HIV and STDs. They are less at risk of poor sexual health and teenage pregnancy.
- In the villages where we work we are seeing greater awareness around safer health practises and positive attitudes to health and sanitation by disadvantaged people, especially secondary school aged girls and guardians of OVC.
- More people now use health prevention methods such as mosquito bed nets to protect themselves and their children from malaria and thousands more families have improved access to clean water.
OUR PROGRAMMES

HEALTH PREVENTION AND AWARENESS

- HIV/AIDS, Sexual Reproductive Health and Rights (SRHR) and Gender Based Violence (GBV) education in secondary schools, particular for girls.
- Community health awareness and HIV education in villages and markets.
- Condoms, bed nets and rainwater catchment to vulnerable people to enable behaviour change.
- Primary health care treatment and hospital referral for children and young people, parents and guardians of orphans, people living with HIV/AIDS and village volunteers.
- Social worker visits, counselling and nurse outreach to children identified as most vulnerable to poor health or school absence.

WATER, SANITATION AND HYGIENE (WASH)

- Water tanks and rainwater catchment projects in primary and secondary schools.
- Girls' toilets in primary and secondary schools and TMT supported foster care homes.
- Community management of village boreholes and protected springs.

PRIMARY HEALTH CARE TREATMENT

- Rural family-based foster care for vulnerable girls.
- Mother-child health, sanitation and health prevention seminars to guardians of OVC, PLHIV and families with children who have disabilities.
Everlyne married Noah in 2007 and discovered she was HIV+ in 2010. Her husband had tested HIV+ in 2005, but had concealed his status from her before they were married. She only discovered he was HIV+ three years later when she realised he was taking Anti-Retroviral Treatment (ART). Everlyne became very sick and was hospitalised in 2010, when she was also diagnosed with HIV. Her CD4 count (white blood cells) then was low, just 350, so she required life-saving treatment. Everlyne was prescribed Septrin for two years before she could start on Anti-Retroviral drugs.

Everlyne and Noah support 7 children, 4 of these children were adopted from relatives who died from AIDS related illnesses. They struggle to live on Kshs 1,000/- a day (£7). Evelyn bakes and sells Mandazis (small doughnuts) in the market centre and cultivates cassava, maize and bananas. Noah works as a traditional herbalist. Living with poor health has put a massive strain on Everlyne and Noah. Their marriage became very unstable and Everlyne felt extremely isolated and depressed.

Everlyne joined a Mango Tree post-test club called Wayiere support group in 2011. This group helped her to come to terms with her HIV status and provided a supportive network of other people who are learning to cope with HIV/AIDS, managing their treatment programmes and rebuilding their lives.

In 2012 The Mango Tree introduced Everlyne to the food supplement, Spirulina. Spirulina is a fantastic blue-green algae widely produced and commercialized as a dietary supplement for improving immune function. The Mango Tree’s model farm in Kosele produces and processes Spirulina for under-nourished children and people living with HIV.

Everlyne has been supplementing her diet with Spirulina for two years now. It has boosted her immune system, body weight and nutritional status considerably. Everlyne’s CD4 count has increased from 350 in 2010 to 868 in 2014. Everlyne and Noah have also benefited from the early maturing cassava cuttings which The Mango Tree distributed last year. It is resistant to mosaic disease and matures much more quickly so that farmers benefit from more regular harvests. Access to regular ARV treatment, nutritional supplements and additional agricultural inputs has had a huge impact on Everlyne and Noah’s lives. They are both active and productive again and they have renewed hope for their future.
our programmes

NAME: Everlyne Atieno Ochieng

AGE: 42yrs

PROJECT / LOCATION:
Community Service Volunteer programme, Nyomolo village in Rachuonyo North District of Homa-Bay County, Kenya.

BENEFICIARY TARGET GROUP:
Person Living with HIV/AIDS

REGISTERED WITH TMT KENYA:
2011

“Spirulina has really improved my appetite and my body weight has increased from 54kgs to 74kgs. I am able to be active again, baking and preparing Mandazis every morning without any problems.” Everlyne Ochieng
Our priority this year has been to invest more resources in vocational training, especially in Tanzania where the secondary school transition rates are extremely low. We continued to provide opportunities for OVC high achievers at boarding secondary schools and support vulnerable girls in Kenya with our Alternative Family-based Care Home programme.

- 5,286 children have been supported to remain in primary and secondary school and improve their academic performance this year.

- 16,000 people have benefitted from access to library services in Kyela, Tanzania.

- 2 toilet blocks have been constructed in Kamwala, and Weta primary schools benefitting 694 girls.

- 620 secondary school children received holiday tuition in Kenya.

- 30 secondary students from Kobuya, Kobala and Kajiei schools received academic coaching.

- 91 disadvantaged vulnerable girls supported in foster care homes.

- 421 people have been supported to attend colleges, vocational training institutes and universities. 126 at university, 146 in tertiary colleges and 149 in vocational training.

- 127 OVCs have graduated this year with qualifications in accounting, business administration, civil engineering, carpentry, clinical medicine, early child development, electrical engineering, IT, journalism, laboratory science, masonry, plumbing, mechanics, social work, logistics, tailoring and welding.

- 5 Mango Tree Kenya sponsored young people have entered secure employment in Kenya this year, 3 of these are Early Childhood Education teachers and 2 are medical practitioners.

- 260 orphans and vulnerable young people have received careers advice and access to practical work experience opportunities.
Our achievements

Community Livelihoods

We conducted a household survey earlier this year across 54 villages in Kenya, to assess levels of poverty in 1,358 families. This survey looked at household income and food security. Livelihood projects will target 150 families who were identified as being the most vulnerable.

Our agricultural development projects in both countries particularly focus on tissue cultured bananas, grafted mangoes, early maturing cassava, sorghum production, bee keeping, fish farming, rice and sesame production.

• 130 people, 29 men and 101 women, participate in the TMT savings and loans schemes. 50% of these microfinance project members have saved money to invest in their small business enterprises.

• A new grant received from The Waterloo Foundation is enabling TMT to build 30 fishponds as part of the Kobala aquaculture project in the Lakes Victoria region of Western Kenya. 5 fishponds have been constructed so far in former sand mine gullies.

• New greenhouse nets and five new hybrid bucks are provided to our family based care homes to boost child nutrition.

• Subsidised drought resistant maize seeds to 170 local Kenyan farmers.

• 21 concrete fish tanks constructed and stocked with fingerlings for guardians of orphans and PLHIV in Tanzania.

• 36 business training seminars and 54 agricultural training seminars for over 1,000 guardians of orphans and PLHIV in Kenya and Tanzania.

Health & Sanitation

This year our health programme prioritised health prevention awareness campaigns, particularly focussing on HIV & STDs education for secondary school children and young people. In Tanzania, the health team has expanded their work on HIV Testing and Counselling (HTC) and gender-based violence, and in both countries we have continued to provide direct treatment and referral for TMT registered orphans, their families and our village volunteers.

• Direct treatment and referral for 1,494 OVC, 17 guardians, 1,489 PLHIV and 30 community volunteers in Kenya and Tanzania.

• Sexual health awareness seminars in Kenya for 11,763 children primary and secondary school children.

• Prevention and Awareness in Schools (PASHA) to train 24 schoolteachers and 1,270 students as peer educators in Tanzania.

• Gender Based Violence awareness raising campaign in 6 communities in Kyela District, Tanzania, reached approximately 8,000 people.

• 2 toilet blocks constructed in Kamwala and Weta primary schools in Kenya, providing improved sanitation for 694 girls.

• 8,042 condoms and 201 mosquito bed-nets distributed across both project areas.

• 36 HIV awareness campaigns in Rachuonyo North District, Kenya reaching approximately 20,800 people.

• 14 HIV awareness campaigns in Kyela District, Tanzania reaching approximately 17,000 people.

• HIV testing and counselling to 925 people in Kenya and 3,888 in Tanzania. Of these, 301 men (14%), and 266 women (15%) are HIV positive.
Lasarus Okumu, a former Mango Tree beneficiary, graduated from medical training college in 2012 and now runs his own community medical clinic. Lasarus was one of nine brothers and sisters. He and his siblings sadly lost their father to HIV when he was still at Nyawango Secondary School. Soon after his father died, Lasarus was due to sit his exams. He had pinned all his hopes on doing well, achieving a good grade and studying to become a doctor. Unfortunately, Lasarus didn’t manage to achieve the grades he needed. He couldn’t afford to re-take his exams and without the guidance and support of his father, he felt lost.

In 2007, Lasarus went to a Mango Tree consultation day, along with 200 other young people, held at a local primary school just half a kilometre away. It was here where he met Consolata and the team for the first time.

With support from The Mango Tree Lasarus was accepted back into Wang’apala School, where he was able to re-sit his exams and achieve the grades he needed to gain a place to study medicine at college. Before taking up his place at medical college in September 2009, Lasarus completed his 10-month community service volunteer placement for The Mango Tree.

After graduating in 2012, Lasarus gained a hospital internship and spent almost two years developing his skills, alongside working for a smaller community-based treatment centre called the House of Hope Medical Centre in Katito.

Working at the medical centre helped Lasarus realise that he wanted to set up a similar health project in his own community in Homa Bay County. He began looking for a suitable location and the Lakeside Medical Centre was finally opened, offering affordable medical services for communities living around the shores of Lake Victoria.

Lasarus now employs two staff, a laboratory technician and a clinical officer. New clinic staff Philip Ouma and Daniel Okello are both former TMT supported students.

Lasarus would like to thank The Mango Tree and our donors who have made this possible.
"It took me a lot of time to locate the site but finally I decided to make it close to home so that it would be of great help to my own society - as they help me to help them - making health services affordable. This is how it started and I named it 'Lakeside Medical Centre' because it's located on the hillside a few miles from the lake." Lasarus Okumu
JOIN THE MANGO TREE
How You Can Help

Give Regularly

Donating small amounts regularly is one of the most important ways you can help to support our work.

The Mango Tree now has over 800 people making regular donations. This provides us with a reliable sustainable income, which allows us to plan ahead for the future, take risks with new projects and be flexible to changing needs on the ground.

Gill Kaye has been donating to The Mango Tree since 2003. She visited our projects in Tanzania in 2012, kindly donating her time and experience by teaching English to a group of 6th formers in Kyela.

If you would like to make a regular pledge via standing order, please complete and sign the enclosed Donation and Gift Aid form and send it back to us.

“I had the opportunity of experiencing first hand how our donations are transforming the life chances of the children orphaned in Tanzania and Kenya. This is me at the home of the assistant librarian taking a turn at preparing beans and rice for supper”. Gill Kaye

Organise Sponsored Events

Uppingham has been supporting The Mango Tree from the outset. Their money is raised by each of the 15 school houses, and fundraising ideas are as diverse as you can imagine. Between 6th April to 5th April year 2013 - 2014 the pupils of Uppingham School raised an amazing £20,606 for The Mango Tree. The school and community fundraising model is really simple and it shows how little is needed to make a really big final total. Northampton Rotary Club also raised an amazing £3,500 for The Mango Tree this year, after Nic Merrett, one of the UK Trustees, gave a talk to the members.

This year school fundraising included auctions, raffles, musical concerts, lunches for parents, a tennis tournament and a fundraising cookbook. There were also sponsored runs in rural Rutland, a sponsored 100 mile cycle event and refreshing ‘Mango’ branded beer. The 2014 ‘Mango Tea Towels’ were a great success, as were the many cake sales and second hand uniform shops. Uppingham School theatre supported a highly entertaining and superb run of “Murder on Deyne Street”.

Next year, Nic Merrett is going to mark his retirement from Uppingham by cycling from Land’s End to John O’Groats and giving any sponsor money to Uppingham to add to their total for The Mango Tree. Please donate at www.cycle4mango.co.uk. Once again, thank you to all at Uppingham for their continued, and unwavering support.

Please Make A Donation

Via cheque: payable to ‘The Mango Tree Orphan Support Programme’
Send to: The Mango Tree, The White House, Puddington, Cheshire, CH64 5SR.
Via bank transfer:
HSBC Bank.
Sort Code: 40-29-08
The Mango Tree Orphan Support Programme
Account Number: 42429101
Volunteer, Or Join Our Internship Programme

The Mango Tree supports both volunteering and internship opportunities for undergraduates and MA students.

International Development Studies MA student, Lucy Cole, has just completed an internship with The Mango Tree Tanzania. She supported us to conduct a detailed baseline survey in Kenya and Tanzania, helped to strengthen our monitoring and evaluation systems and assisted with in-country fundraising activities. Lucy leaves The Mango Tree as a fluent Swahili speaker, with a wide range of skills and experiences, which will enable her to complete her MA dissertation and pursue a career in International Development. We thank Lucy for all her hard work and support.

Between March and June this year two gap year students, Laragh O’Malley and Laura Wigan from Uppingham School, visited TMT Tanzania to volunteer in Kyela at the Kyela Polytechnic College.

Encouraged by the enthusiasm of the KPC students, they developed their own extra-curricula English club, which they ran four times a week, to help students to improve their written and spoken English. Read their special report on page 31.

“The organisation has evolved so much from my first visit in 2006. I am incredibly proud to be a part of its past as well as helping with its future.”
Lucy Cole, Development Studies MA student.
We arrived in Kyela, after a long, slow journey from Dar to Mbeya. The 26 hour train journey took us past game reserves, through tea plantations and over rickety bridges. We were very excited as we headed further and further into the unknown! In Kyela we were met by Emily, The Mango Tree’s UK Fundraiser, she showed us around and was able to fill us in on TMT’s work. Our first challenge was the language. Our Swahili is pretty basic and despite our attempts to get to grips with simple greetings, we very quickly realised how ill-equipped we were. Talking to students at Kyela Polytechnic College (KPC), we realised that most students’ level of spoken English was very basic. We were therefore keen to resolve this issue by offering English classes.

Encouraged by their enthusiasm, we set about organising an English language club. Initially we felt a little daunted to be younger than all of our students, especially when they assumed we were university graduates not A Level graduates! But we soon settled into a routine of running classes four times a week. It’s been hugely rewarding to see how well attended these classes are and to watch the students becoming more vocal.

It has been so interesting learning more about The Mango Tree’s activities in the surrounding villages, and having the opportunity to work with and get to know The Mango Tree team.

In our first week we were introduced to The Mango Tree HIV/AIDS awareness dance group. We were inspired by their lively and entertaining dances and decided to join in. We even made a short film about them.

Along with the videos of the dance group, we also recorded a series of interviews with the friends and family of Edson, a Mango Tree supported orphan from Ngonga. We cycled to Ngonga village to spend time with Edson’s family. And through Edson’s translation we were able to have some fascinating conversations about local life, culture and practices.

Laura and Laragh would like to express their thanks to The Mango Tree for giving them both such an amazing experience.
“During the evenings we are enjoying spending time at the KPC girls’ hostel, set up for girls living outside Kyela and without family or friends to stay with. It’s been lovely getting to know them, playing cards, learning how to weave mats, attempting to braid hair, cook bananas, mandazis (doughnuts) and wali maharagwe (rice and beans).” Laragh O’Malley
This year the total combined income raised by The Mango Tree UK and their partners was £605,497. We were also successful with two additional project grants from The Waterloo Foundation (£20,000) and The Tony Bloom Foundation (£40,000), which were raised in this financial year, but were received in May of the 2014/15 financial year. In Tanzania, The Mango Tree Tanzania Trust secured £111,919 of their total annual income (£305,655), from in-country sources, including repeat grants from The Walter Reed Foundation/USAID and The Firelight Foundation.

Our income has fluctuated considerably over the past three years, with some very large capital donations coming in across 2012 and 2013, which were raised for equipping and furnishing of the Kyela Polytechnic College. In 2012, £300,000 of our total income of £907,249 was capital income. These large capital donations have somewhat distorted our regular and stable income pattern which has continued to remain fairly stable at between £550-£600,000 over the past five years with a marginal drop in UK income this year as two regular large donations were received later than usual, and so fell outside of the 2013/14 financial year.

We are also pleased to report that income overall from UK family trusts and charitable foundations has increased this year from £217,500 in 2013 to £251,500 in 2014, with new project grants from two new donors, The Waterloo Foundation and the Noel Buxton Charitable Trust.

We continue to maintain our long-standing partnerships with the Samworth Foundation and the Oglesby Charitable Trust, who have supported us steadily over the past three years with grants for the construction and furnishing of our Tanzanian college. We are delighted to announce third consecutive grants this year from both these donors, which will enable us to purchase the remaining equipment and underwrite the running costs, which will enable the College to break even by September 2015.

In 2014 our expenditure was £690,675, allocated as restricted grants to three African partners: TMT Kenya received £230,255, TMT Tanzania received £206,459 and £193,198 of restricted donations have been channelled directly to the independently registered KPC.

In the UK we spent £32,261 on fundraising, UK education and awareness, administration, IT, audit and bank fees. We also spent a further £19,600 on overseas capacity building and supporting restructuring in Tanzania.

This year our expenditure increased slightly in Kenya with the launch of our Skills 4 Life project work and the delivery of new project grants which expand our agricultural development and micro-finance programmes.
Since early 2013 we have shifted our emphasis towards downscaling direct service provision and focusing more on vocational training. This restructuring process has meant we have had to invest in supporting governance changes and also provide additional capacity building. Applications to institutional donors, for multi-partner project grants, have therefore been difficult.

The Mango Tree has grown in size rapidly, with income peaking in 2010 with a US$1 million donation from Google. This organisational expansion has been a challenge to support financially this year, as we have needed to support the work and project delivery of three separate overseas partners. We have therefore been assisting our partners to grow and become more professional so that they can develop greater independence.

In Kenya, The Mango Tree Kenya Trust now has an expanded board of trustees who have the pre-requisite skills and experience to develop improved accountability structures and good governance systems, which will enable it to secure it’s own in-country funding. They are currently working towards a new partnership to build a secondary boarding school for girls.

The Kyela Polytechnic College is working towards becoming a financially independent academic institution with income for running costs being generated from student fee income.

The Walter Reed Foundation/USAID grants have enabled the Tanzanian Trust to account for, and report on, institutional funding over the past two years, and this is enabling them to develop more financial autonomy. In late 2013, Andilile Ibrahim took his retirement from TMT Tanzania and was succeeded by the former Community Development Programme Manager, Godbless Konga. The Mango Tree UK and their donors would like to warmly welcome the new Director, Godbless and also express our thanks and gratitude to Andilile Ibrahim for his hard work, commitment and dedication to orphan care in Kyela District over the past twelve years. We wish him a long and happy retirement. We are very grateful to former trustees Shrenik Davda and Toby Porter, who have now left TMT UK board. Congratulations to Toby for becoming the new CEO of HelpAge International and to Shrenik who left us to focus on his school project in Tanzania.
Roy Otieno, a mechanical engineering graduate from Kenya Polytechnic, came to the office to give Consolata one of his goats, as a present, to mark the completion of his support from The Mango Tree.
Roy sent Consolata, The TMT Kenya Director, the following text message;
“I wish to say thank u so much 4 the parental love U and Willie showed me today. It’s long since my parents passed away but today it seemed they were alive. I received something so special, something I have longed for: for so many years, I lack words to fully express how I feel but would wish to once again say a big Thank You’ to U, Willie and to the whole Mango Tree Family. Without the support you have given me singefika penye nimefika leo* U will 4ever remain in my heart and one day I will be able to offer my support to the needy and disadvantaged in the community - a value which I have learnt from you ever since I joined The Mango Tree Family.

*I would not have managed to be who I am today”.

“I can run my life without depending on someone, I can support my family members with some of their basic needs, and I can see tomorrow, with KPC yes I can.”
Aziza Mboka, Hotel Management graduate.
### Education

The Kyela Polytechnic College is in the process of launching a new Secondary and Tertiary Education Bursary Programme. This programme is part of our strategy to restructure and streamline project delivery in Tanzania, to build long-term sustainable education provision in Kyela District. From 2014/15, KPC has taken on the provision of means tested educational support for TMT registered orphans and vulnerable young people. Two new grants from the Samworth Foundation and Oglesby Charitable Trust in late 2014, will also enable us to provide improved facilities for our boarding students, as well as establishing a new driving school course to raise enrolment of students and enable the College to become financially independent.

In Kenya, in 2015 we plan to expand our extra curricula work by providing a more structured holiday learning support, such as drama, dance and sports activities, which add value to existing government education provision. We will establish vibrant boys' clubs in 5 primary schools and complete our new resource centre at Rakwaro Chief’s camp.

### Community Livelihoods

Early this year we conducted another household survey in Rachuonyo District in order to assess levels of need amongst the guardian families we support. This has enabled us to be more targeted with our livelihoods project funds, ensuring that resources and inputs support those most at risk from extreme poverty. We have identified 200 high risk, ‘category red’ families who will be supported with agricultural training and inputs during 2015.

In Tanzania, our livelihoods work will focus on the ‘Shamba Darasa’ system of demonstration farms and agricultural training in partnership with the local government agricultural department. This will gradually be managed by Kyela Polytechnic College as part of the establishment of a new Agricultural Department which we plan to develop in 2015.

### Health & WASH

We have started fundraising to expand our health awareness work, in rural communities and secondary schools in Kenya. This year we hope to deliver a new health awareness and gender rights project to build the capacity of rural people to safeguard their health against common diseases such as Malaria, Cholera, Typhoid and HIV, and also tackle Sexual Reproductive Health and Rights (SRHR) and gender-based violence (GBV). The work will specifically target those most disadvantaged and vulnerable to exclusion: girls and young women; female guardians of OVC, and those who are HIV+, teenagers or elderly people and people who suffer long term health needs or disabilities.

We will use innovative awareness theatre, follow-on health education workshops, and seminars which promote disease prevention, safe water management and provide SRHR and GBV awareness. The project will also address maternal health with breastfeeding support, antenatal and post-natal care and advice. To compliment health education activities we will continue to support the construction of toilets in primary schools and provide HIV testing and counselling services, basic primary health care, diagnostic and referral services and distribution of bed nets/ condoms and sanitary towels to those most at risk.

### New Project: Model Farm Social Enterprise Project

The TMT Kenya model farm now provides training to local smallholders, trials new ideas and technologies, offers practical work experience opportunities to young people and produces it’s own income from the sale of cash crops, poultry and tilapia fish. The farm’s four model fishponds provide aquaculture training to support our ‘Kobala Aquaculture Project’, which is providing new livelihoods opportunities for unemployed fishermen. Our mango tree-grafting scheme is upgrading local drought resistant varieties and improved varieties of cassava are benefitting local farmers.
This year we also started producing the food supplement, Spirulina, a blue-green algae widely produced and commercialized as a dietary supplement for modulating immune function. The farm now provides Spirulina to under-nourished children and people living with HIV. With a tested local market, strong community linkages and a range of beneficiary-led projects to invest in, TMT Kenya is now ready to launch their model farm as a larger scale social enterprise project, for which we start developing a business plan and fundraising in 2015.

Organisational Growth And Partnerships

Over the past two years The Mango Tree has been investing in building better governance structures by recruiting new governance Board members and assuring a wider base of skills and expertise. The selection of new Board members will also be part of our wider plan for increasing the diversity of income streams and encouraging greater independence of African partners, KPC, TMT Kenya and TMT Tanzania.

This work will continue in 2015 with the development of new policies and procedures including IT, data protection, anti-bribery and corruption policies, and an updated child protection policy and procedure, which will include vulnerable adults as well as children, and risk assessments for new projects.

We have also just installed a fantastic new satellite communication system in Kenya and are in the process of networking the departments and offices so that all staff can access the internet and share information. This new IT system, as well as a new beneficiary database will improve communication and reporting both in-country and between funding partners.

“We work in rural, isolated communities. The roads are very bad, the internet connection is weak and we need to work at the pace of rural people so they are fully engaged. Our office is not in the main town, but instead in the heart of our community. This ensures we are part of the community and they trust us.”
Consolata Kunyada, TMT Kenya Director
“It was due to The Mango Tree that I went to school. I just can’t imagine where would I have been now if I did not get this support. When I look at what girls of my age are doing or suffering at my home village I always say “thank God I was helped by The Mango Tree and able to study at KPC”. To me, this organisation is almost everything that I have and it has made me who I am now. I can run my life without depending on someone, I can support my family members with some of their basic needs, and I can see tomorrow, with KPC yes I can.”

Aziza Mboka, aged 24, Hotel Management graduate from the Kyela Polytechnic College, now working at Manyanya Hotel & Tours in Mbeya, Tanzania.